



EAT IN • TAKE OUT

TO START

CAPRESE £6.95/£7.95

Traditional fresh mozzarella and vine tomato salad perfectly seasoned with a generous drizzle of extra virgin olive oil, fresh basil.
Add crispy Parma ham to complement the dish!

BRUSCHETTA £5.95

Two generous slabs of our own artisan bread rubbed with fresh garlic served with a vine tomato, olive oil and basil topping garnished with fresh parmesan flakes, oregano and a few olives on the side

PÂTÉ £6.95

Our very own family recipe rich and smooth chicken liver pate served with homemade toasted bread and a Marsala onion chutney

FORMAGGI FRITTI £5.95

Seasoned Italian cheeses, mozzarella and scamorza, breaded and deep fried, served with dips

BAKED MUSHROOMS £5.95

Fresh mushrooms stuffed with our traditional breadcrumb filling, then oven baked in our signature tomato and béchamel sauce

MUSHROOMS GORGONZOLA £5.95

Fresh mushrooms stuffed with our traditional breadcrumb filling, then oven baked in gorgonzola and béchamel sauce

BBQ BABY RIB RACK £7.95

Slow Roasted family recipe ribs

MOZZARELLA CARROZZA £6.95

Golden-crustied fried mozzarella and tomato sauce

FILO PRAWNS £6.95

King prawns seasoned and wrapped in filo pastry then deep fried and served with dip

MUSSELS £8.95

Mussels served with white wine, garlic and parsley

CALAMARI £7.95

Crispy fried calamari, tartar & garlic mayo

HOMEMADE FISH CAKE £7.95

Cod & salmon fish cake with garlic pea purée

SCALLOPS (WHEN AVAILABLE) £8.95

Pan fried scallops, pancetta and pea purée

BREADS

FOCACCIA £3.50

Nice and simple, pizza base baked with fresh rosemary, olive oil and a pinch of salt

GARLIC BREAD £3.50

Pizza bread brushed with crushed garlic and herbs using dough made daily by our in house pizza chef

CHEESY GARLIC BREAD £3.95

Pizza bread with garlic and herbs using dough made daily by our in house pizza chef

TOMATO GARLIC BREAD £3.95

Pizza bread with tomato, garlic and herbs using dough made daily by our in house pizza chef

GARLIC BREAD DIAVOLA £4.50

Tomato garlic bread with fresh chilli, red onion and shredded basil using dough made daily by our in house pizza chef

PIZZA

All our pizzas are 12 inch and made fresh and cooked in our traditional true wood burning oven for the true Italian pizza experience.

MARGHERITA £8.95

Italio's signature tomato base with fresh mozzarella

PROSCIUTTO E FUNGI £9.95

Tomato base, mozzarella, Italian ham and sliced mushrooms

PEPPERONI £9.95

Tomato base, mozzarella & pepperoni

PICCANTE £9.95

Spicy Arabiata base, mozzarella, ham, pepperoni and chilli

PRIMAVERA £9.95

Tomato base, mozzarella, chicken, peppers, sun-dried tomatoes and fresh basil

CALABRESE £9.95

Tomato base, mozzarella, Spicy Nduja, Piccanté peppers and fresh rocket

ITALIO £10.95

Tomato base, mozzarella, Italian ham, pepperoni, frankfurter, pepper, mushroom and soft artichoke hearts seasoned with oregano, an Italian favourite

CARNIVORÓ £11.95

Tomato base, mozzarella, ham, pepperoni, grilled chicken and shredded beef. Add chilli to spice it up!

PARADISO £9.95

Tomato base, mozzarella, ham and pineapple seasoned with a touch of oregano

ERBIVORÓ £10.95

The traditional all veg pizza, tomato base, mozzarella, mushrooms, peppers, onions, fresh tomato, spinach and oregano

ATHENÁ £10.95

Garlic base, goats cheese, spinach leaf, peppers, white and red onion, garnished with a little fresh rocket

NUMBER 1 £9.95

Tomato base, mozzarella, frankfurter, fries and oregano... a must try!

MEXICANA £10.95

Tomato base fresh chilli, spicy beef, roasted red onions and pepperoni

MARINARA £11.95

Tomato base, mozzarella and mixed seafood

Make your own pizza out of any of the above ingredients. Margherita price plus £1.00 for each extra topping
Gluten free bases are available on request.

CALZONE

A real Italio speciality! A classic Neapolitan style folded pizza stuffed with toppings.

INFERNO £10.95

Signature tomato sauce, mozzarella, pepperoni, hock ham, fresh chilli and basil

MILANO £10.95

Signature tomato sauce, mozzarella and a touch of mascarpone, chicken, mushroom and pancetta

 VEGETARIAN OPTION  MAKE ME VEGAN (THESE DISHES CAN BE MADE AS A VEGAN OPTION)

PASTA/RISOTTO

All our pasta dishes come with a choice of Spaghetti, Penne, Tagliatelle or Gluten free pasta.

NAPOLI £7.95

Our signature slow cooked tomato and basil sauce, light and simple

BOLOGNESE £9.95

Our family recipe Bolognese using finest minced beef... A classic!

ALFREDO £9.95

Mushroom, cream and a hint of sage
Add chicken for an extra £1.50

ARRABBIATA £9.95

Spicy salami, hock ham, fresh chilli and a touch of basil in a piquant tomato sauce

LASAGNA £9.95

Our traditional beef lasagne, ragu and pasta layered with béchamel

CONTADINA £9.95

Tomato and mascarpone sauce with peppers, onions, courgette, peas, mushroom and cherry tomatoes

CARBONARA £10.95

Pancetta, onion, free range egg yolk and cream

PRAWNS ROCKET £11.95

White wine, garlic, prawns, rocket and fresh parmesan with a hint of cream

MARINARA £12.95

Tomato, herb and garlic sauce with mixed seafood, mussels and king prawns

SALMONE £11.95

A pink sauce with smoked salmon, fresh spinach, cherry tomatoes and a tiny hint of chilli

RISOTTO DEL CAPO £10.95

Risotto cooked in chicken stock, cream and tomato, with confit chicken, peppers, mushrooms

AVAILABLE AS A VEGETARIAN OPTION

RISOTTO MARE VERDE £14.95

Prawns, asparagus, a hint of chilli, dill and cream

RISOTTO PESCATORÉ £14.95

Mixed seafood risotto with tomato, basil, white wine and fresh oregano

MUSHROOM RISOTTO £9.95

Creamy risotto with mushrooms, garlic and fresh sage

Italo Signature Dishes!

BURRATA RAVIOLI £14.95

Chicken, courgette, peppers, tomatoes, mascarpone

PRIMAVERA £11.95

Chicken, garlic, basil, peppers, courgette, sundried tomatoes and parmesan
AVAILABLE WITH VEGETABLES INSTEAD OF CHICKEN

LOBSTER RAVIOLI £14.95

With king prawns, chive, garlic and Grand Marnier & cream sauce

 VEGETARIAN OPTION

 MAKE ME VEGAN (THESE DISHES CAN BE MADE AS A VEGAN OPTION)

PLEASE LET US KNOW IF YOU HAVE ANY FOOD ALLERGIES OR ANY SPECIAL DIETARY REQUIREMENTS

MAINS

POLLO MILANÉSE £13.95

Butterflied breaded chicken breast seasoned with Italian herbs and basil served with an Italian tomato salsa, vegetables and roasties or fries

SEASONED GRILLED CHICKEN BREAST £12.95

Served with your choice of pepper, crema or spicy diavola sauce, vegetables and roasties or fries

THE ITALIO SIGNATURE BURGER £10.95

Homemade seasoned Cumbrian beef 1/2lb patty, Cheddar cheese, tomato, lettuce, chips and coleslaw. Add bacon or mozzarella or hash brown £1.00 each

THE ITALIO CHICKEN BURGER £10.95

Seasoned breaded chicken breast with lettuce, cheese and coleslaw served with chips

ITALIO FISH & CHIPS £11.95

Shetland cod coated in our house beer batter, served with chips and pea purée

BEEF STROGANOFF £18.95

Cumbrian fillet strips and mushrooms, in a stroganoff sauce, served with rice or tagliatelle

SLOW ROAST LAMB £14.95

Slow roasted lamb shank in a red wine demi gravy, vegetables and roasties or fries

CUMBRIAN FILLET £24.95

With gorgonzola, pepper or chimi churri sauce, vegetables and roasties or fries

SEABASS £14.95

Sautéed and served with buttery spinach, garlic, pesto and chilli, vegetables and roasties or fries

BACCALA £14.95

Fresh cod wrapped in Scottish smoked salmon with a spinach and sunblushed tomato cream, vegetables and roasties or fries

Our fish is fresh daily, when it's gone, it's gone!

SIDES

ITALIO ROASTIES £3.00

Roasted potatoes with garlic, rosemary and sea salt

CHIPS £2.50

SWEET POTATO FRIES £3.00

Thin cut sweet potato fries

RICE £2.95

FRESH SPINACH £3.50

Fresh spinach sautéed in butter, garlic & olive oil

ASPARAGUS £3.90

Asparagus sautéed in butter, garlic & olive oil

SEASONAL VEGETABLES £3.50

HOUSE SALAD £3.00

House seasonal salad

HOUSE COLESLAW £3.00

ONION RINGS £3.00

DIPS £1.00

BBQ, chilli mayo, garlic mayo or tartar

Specials

CHECK OUT OUR BOARD OR ASK YOUR WAITER FOR TODAY'S SPECIALS

